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Main Viceroy Snowmass

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INSIDER | beauty



SPA LA LA Relax and rejuvenate at the Viceroy spa.

REFRESHING FINDS

Winter can wreak havoc on tender skin, especially in our high and dry climate. But never fear, the Viceroy spa is here. We spoke with Holleigh S. Alexander-Ramsey, executive director of spa and wellness at the Viceroy Snowmass, for her recommendations on the glow-and-go indulgences that will keep you radiant for the winter ski season. | By Misry Miliato |

Top Treatments

Fresh-Faced If you're in need of hydration and improved firmness, try the 60-minute O2 Infusion facial. With this ultra skin-quenching treatment, which includes hyperbaric oxygen, plus vitamins and anti-oxidants, you'll instantly notice the restoration of your skin's natural healthy glow. It's the perfect treatment for a skier's wind-chapped or sunburnt skin.

Herbal Stimulation Relieve muscle tension from skiing (or even jetlag) with the Herbal Compress therapy. This 60- or 90-minute treatment combines heat and massage with the application of steaming herbal compresses that stimulate circulation and soothe sore muscles.

Thai One On The Traditional Thai massage, a 90-or 120-minute treatment, is the go-to rescue for skiers looking for a better range of motion and improved stamina.

Quench Your Thirst

The Shea Butter Quench Enhancement, which can be added to any of the massage or body treatments, features warm shea butter that's generously applied all over for added hydration. And, with the Eco-Fin therapy for hands or feet, which can be added to any facial or massage treatment, enjoy

the added moisturizing benefits of palm, soy, jojoba and organic coconut oils.

Best Buys

Alexander-Ramsey recommends the Intraceuticals line for reviving, replenishing and protecting the skin. It features hvaluronic acid for added hydration and to correct signs of aging, pigmentation and problem-prone skin. She also turns to Moroccan Oil hair care products to repair, hydrate and restore dry strands. And, for the travelers out there, she recommends Neroli Water by Kerstin Florian International-a facial mist with pure orange-blossom water-that instantly hydrates dry skin.

Beauty Bliss

Snow bound? Shine on the slopes with these top winter beauty picks.

Laura Mercier HydraTint SPF 15 Long-lasting moisture meets SPF protection and sheer



Crème d'Olives

970-925-6249

This powerful antioxidant crème fights the signs of sun damage and aging with olive leaf extract and pea extract to improve the skin's tone, elasticity and circulation.

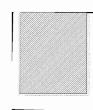
Chantecaille's new ultra sun protection SPF 50

This foundation primer shields against UV rays; plus it has anti-inflammatory and antiaging ingredients like carnosine and white tea extract. \$88 at chantecaille.com



Natura Bissé Diamond White SPF 50

This everyday cream restores and soothes sun-effected skin with pomegranate extract and allagic acid, while it protects from UVA/UVB rays that causes premature aging. \$97 at Cos Bar. 970-925-6249



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