

# Mayar Spar A vision among dreams

Wayak – The Dream "The Quest for Wisdom"

It is through the dream that the Pixan (spirit) leaves the body, and in this sacred journey, the call to wisdom and knowledge is received. This divine mission guides one to serve both gods and humankind through healing and compassion.



WAY Spirit



HA Water



K'AK Fire



K'IK Sun





Surrounded by tropical jungle and cascading waterfalls, Wayak, the Spa at Viceroy Riviera Maya, is a mystical sanctuary where ancient Mayan traditions meet modern wellness. Here, Viceroy's holistic principles of well-being are elevated through personalized service in an oasis of refined tranquility and culture.

The energy of Wayak flows naturally from its surroundings. Every element is infused with the spirit of the jungle, from the spa's circular design symbolizing wholeness and harmony to the authentic Mayan and herbal rituals that guide each treatment.

Indulge in a serene experience within our traditional Mayan treatment rooms overlooking waterfalls, where the soothing sound of flowing water enhances your relaxation. Reconnect with your loved one in our exclusive Spa Suite, designed for couples to share a unique and tailored ritual that celebrates the mysticism of Mayan healing.

Our skilled therapists use time-honored techniques to restore balance and vitality through treatments that include massages, facials, and body therapies inspired by ancestral wisdom. The result is a one-of-a-kind experience that rejuvenates body, mind, and spirit.

HOURS OF OPERATION: 10:00 a.m. - 6:00 p.m.

RESERVATIONS
From outside Mexico: +52 984 877 3000, Ext. 5027
Inside the hotel: Ext. 5027
Email: vrm.spa@viceroy.com



# **FACIAL COLLECTION**

A very special way of pampering yourself! With these exclusive treatments, we offer you unique experiences full of care, relaxation, and enjoyment. Take the time to enjoy this most exquisite form of well-being. Either for a specific reason or simply to be pampered. Let us satisfy your personal desires.

#### **Pure Radiance Facial**

We invite you to the world of essential energy and beauty. This deep-cleansing facial will bring you into a state of relaxation, eliminating toxins from your skin. Our specialized estheticians will help you select the appropriate mask for your specific needs. At the end, your skin will be nourished and purified.

50 minutes | \$209.00 USD

# **Discovery Facial**

Discover pure pleasure with this luxurious moisturizing therapeutic facial. After a gentle cleansing and exfoliation, your esthetician will apply our signature technique along with a specialized mask to hydrate, nourish, and repair your skin. You will notice radiant results.

50 minutes | \$199.00 USD

# **Iconic Facial**

A powerful facial, soothing, restorative, and anti-aging, during which your skin is treated with special nutrients. Our exclusive uplifting massage improves microcirculation, accelerating the skin's natural repair process. Products are applied gently to provide hydration, elasticity, and firmness. This treatment promotes a deep sense of well-being while enhancing your skin's flexibility and resilience.

80 minutes | \$235.00 USD

# **His Facial**

This revitalizing and deep-cleansing facial helps restore flexibility and well-being to men's skin. Specially designed to address the needs of our male guests who face the effects of shaving and environmental stress, it includes a soothing and nourishing mask that supports skin recovery, leaving it smooth and supple.

50 minutes | \$199.00 USD

# **BODY TREATMENT COLLECTION**

In our body treatments, the products are carefully selected, with valuable Mayan ancestry that represents this amazing culture. Let us guide you through this experience of discovery and well-being.

# Hayk'iin (Relief for Tropical Skin)

Let aloe bring its healing benefits to your sun-exposed skin. This treatment soothes and instantly relieves sunburn, while a scalp massage helps you relax as your body regains its elasticity and moisture.

50 minutes | \$186.00 USD

# Sak Ha' (Harvest)

Inspired by the ancient Mayan ceremony in which farmers asked the god Chaak for a prosperous harvest, this ritual represented through the use of coffee, helps cleanse and detoxify the body with an exfoliation and body mask, followed by a relaxing massage. The experience leaves you with a deep sense of peace and tranquility while your skin regains its natural energy and beauty.

80 minutes | \$220.00 USD

# **Tzolkin (New Beginning)**

Prepare your body and soul for renewal. In Mayan mythology, a god was chosen to reveal the concept of time and new beginnings. Through this exquisitely prepared treatment, your skin is pampered and rejuvenated with an exfoliation and body mask enriched with cocoa and natural essences.

80 minutes | \$220.00 USD

# **Xúnan Kab (Honey Ceremony)**

Melipona honey (Bee Cheii) has been used since ancient times as both food and medicine. The Mayans even designated a god of honey, Ah-Mucen-Kab, known as "the one who watches over honey." This honey ritual leads the body toward restoration through a relaxing massage with honey, complemented by medicinal herb compresses bathed in a special tea to help you relax and release tension.

80 minutes | \$220.00 USD



# The magnificence and mysticism of Mayan culture are admired worldwide.

The Mayans believed that during sleep, the spirit would detach and seek wisdom from the gods, emphasizing the sacredness of caring for the body to protect the spirit.









# **MAYAN TRADITIONS**

# **Akbal (Invigorating Massage)**

This ancestral Mayan technique uses a rebozo in a movement known as Manteada, or blanket stretching, traditionally performed by Mayan women to adjust posture and elongate muscles. It is an invigorating and therapeutic experience designed to realign the body, improve flexibility, and promote overall well-being.

80 minutes | \$232.00 USD

# Óox Tséel (Maya Trilogy)

Balance, tranquility, and beauty are the principles that inspire this trilogy—three stages of massage designed to release energetic and emotional blockages. The ritual begins with a foot exfoliation, followed by a blend of essential oils and colorful veils that help purify the spirit, allowing you to experience deep peace and profound harmony.

80 minutes | \$220.00 USD

# Wayak the Dream (The Pursuit of Wisdom)

An energy cleansing with healing herbs, a relaxing massage, and an ancient Mayan technique come together in this unique treatment designed to align the body while relieving stress and fatigue. The experience concludes with a brief cupping ritual that promotes a profound sense of release and relaxation.

Signature Experience

80 minutes | \$232.00 USD

# Xaman-Eek' (Love Ritual)

The Mayans believed that the southern star guided lovers along the path of love, understanding, harmony, and abundance. Allow yourself to be pampered side by side with your loved one, beginning with a foot ritual followed by a relaxing massage using our unique essences of love to balance the chakras. The experience concludes with a healing herbal bath inside a tub carved from a black zapote tree.

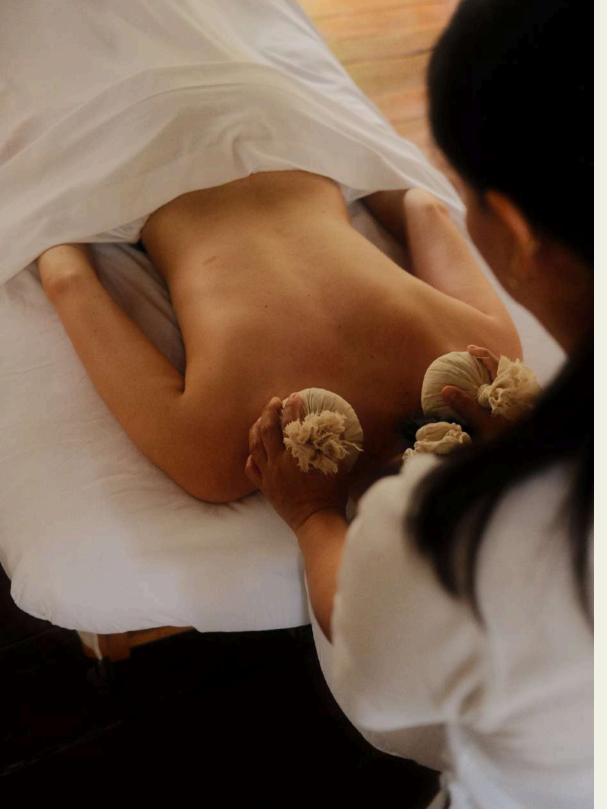
80 minutes | \$464.00 USD











# **MASSAGE COLLECTION**

Our massages are influenced by ancient practices from all over the world, including the ancestral Maya n culture, with this holistic wisdom and VICEROY's well-being principles, we develop unique and traditional experiences; we hope to help you find your equilibrium.

# **Holistic Massage**

A massage focused on your specific needs, combining therapeutic techniques with the pleasure of exquisite aromas that engage all the senses and promote relaxation of the mind and body.

50 minutes | \$186.00 USD 80 minutes | \$209.00 USD

# **Deep Tissue Massage**

This massage is designed to provide deep relaxation and relieve muscle tension while improving flexibility and reducing stress. It is ideal for those who engage in activities that require extra physical effort. We recommend enjoying a relaxing massage the day before for the best results.

50 minutes | \$209.00 USD 80 minutes | \$235.00 USD

# Yo'ki'b (Hot Stones)

Allow your body and mind fly into a place of inner tranquility. In this earth inspired ritual we align the chakras along with the tranquilizing power of copal and the healing power of hot stones, free your body from tensions and negative energy generated by day-to-day stress.

80 minutes | \$220.00 USD

# Reflexology Massage

Based on traditional reflexology techniques, this massage targets focal points on the feet, hands, and head to stimulate relaxation and restore balance to the body's organs.

50 minutes | \$209.00 USD

# Yo'om (Prenatal Massage)

Designed for the well-being of both mother and baby, our therapists use specialized techniques to provide relief and relaxation for the entire body.

50 minutes | \$186.00 USD











# **CEREMONIES**

#### **Temazcal**

The Temazcal, whose name comes from the Aztec Nahuatl dialect (House of Hot Stones), is a structure representing mother earth's womb, in which through steam and medicinal herbs help us to purify body and spirit. The stones represent the grandmothers which contain the wisdom of the earth inviting us to reflect, so living the experience of the Temazcal is a good opportunity to release what we no longer want in our life and reborn again. The elements that work with us are:

- Water Represents our blood, liquids, and emotions.
- Earth The Temazcal that represents the body, the matter.
- Air Aromatic fumes, our energy, our breath.
- Fire Volcanic stones. It represents the Spirit.

90 minutes | \$464.00 USD

# Kamnikte (Prehispanic Ceremony)

The Kamnikte ceremony is a powerful and symbolic ritual to renew love and intentions as a couple. Guided by our expert in prehispanic traditions, the experience begins by asking permission from the Universe and the four cardinal points to bless the union with peace, love, well-being, and abundance. As the ceremony concludes, the couple offers fresh flower petals to the gods—a heartfelt gesture symbolizing their hopes and dreams for the future. This sacred experience is available with English or Spanish translation.

90 minutes | \$464.00 USD

# **NAILS & HAIR CARE**

#### **Basic Manicure**

If you have limited time, let us pamper you into relaxation. Enjoy an exfoliation with mineral salts followed by a soothing moisturizing massage with organic oils in this brief yet deeply rejuvenating experience.

45 minutes | \$81.00 USD

# **Wayak Manicure**

Our signature treatment helps relieve the tension caused by daily use of technology. Begin your exquisite spa experience with a gentle hand exfoliation, followed by a soothing decontracting massage and a deeply hydrating treatment.

60 minutes | \$99.00 USD

#### **Basic Pedicure**

An exceptional pedicure focused on your ultimate relaxation and the enhancement of your natural beauty. This rejuvenating treatment for your feet will leave you feeling refreshed and looking forward to your next indulgence.

45 minutes | \$99.00 USD

# **Wayak Pedicure**

This pedicure is more than just a beauty treatment; it is a holistic relaxation experience that leaves your feet looking and feeling their best. Tailored to your unique needs and preferences, it promotes better circulation and relieves overall tension in your legs.

60 minutes | \$116.00 USD

# Yo'ki'b Pedicure

An incomparable relaxation experience like no other. This treatment begins with a thorough cleansing and purification of your feet, followed by a soothing hot stone massage that alleviates tension and enhances blood circulation, leaving your feet and legs completely revitalized.

80 minutes | \$151.00 USD

# **Hair Treatment**

Treat yourself to the ultimate indulgence with this transformative hair treatment. It repairs and revitalizes your hair, enhancing its shine while deeply nourishing and sealing damage caused by chemicals and environmental factors for lasting protection.

30 minutes | \$81.00 USD

Ask about our in-room hair services. These services require a reservation at least 24 hours in advance.



# **ENHANCE YOUR EXPERIENCE AT WAYAK SPA**

Our experiences are thoughtfully designed to last a minimum of 50 minutes, offering a sanctuary of relaxation, harmony, and well-being in perfect alignment with the tranquility of nature.

These mini treatments serve as the ideal complement to your spa journey and are available exclusively with any 50-minute or longer treatment. They are not sold individually. Please inquire about pricing and availability.

- Scalp Massage: Specially designed to relieve tension accumulated from long hours of work, this indulgent treatment promotes deep relaxation and lasting well-being.
- Foot, Back, or Leg Massage: Pamper yourself with this soothing massage that improves circulation, leaving you feeling weightless and refreshed while enhancing your overall experience.
- Hemp Balm: Enhance your massage with this targeted balm that relaxes specific muscle groups and soothes the body for greater comfort.
- Aloe Vera: Ideal for those who prefer a gentle body treatment, Aloe Vera can be incorporated into your massage to provide soothing, hydrating benefits that elevate your relaxation experience.

# **SPA PACKAGES**

Indulge in a personalized spa package by selecting treatments from our exclusive collection. A special rate applies when combining multiple experiences, offering exceptional value.

Our spa expert will assist you in selecting the perfect package tailored to your needs. Relax completely with access to our Jacuzzi and steam room, creating the ideal environment for total wellness.

# Taam Wa'atal (Deep Relaxation)

Immerse yourself in a state of pure enjoyment and tranquility as you experience ancient Mayan techniques integrated into this rejuvenating ritual. The journey begins with a purification of the soul, followed by a body massage and a facial that reveals your inner beauty, concluding with a soothing hand and foot treatment. The result is profound, total relaxation.

(Mayan tradition, customized massage, Wayak facial, and hands & feet scrub).

150 minutes | \$413.00 USD

# Yaakun (Love) - Couples Retreat

Escape to a serene and intimate experience in our private spa suite, where you and your partner will embark on a journey of relaxation. Begin with a Mayan body treatment, followed by a personalized couples massage and a mini facial designed to help you both unwind and reach the ultimate state of tranquility. Your experience concludes with a bespoke bath, crafted to your needs, in our unique tub carved from a single piece of black zapote wood, exclusive to the Mayan region

(Includes body treatment, massage, facial, scalp, and herbal bathtub)
240 minutes | \$1,311.00 USD per couple

# He'elel Taam (Deep Rest)

Enjoy a day of complete relaxation, transformation, and harmony with extraordinary results. This package includes a body treatment, a massage of your choice to soothe the spirit, and a purifying facial that leaves your skin hydrated and radiant. The experience concludes with a revitalizing manicure and pedicure, ensuring you feel completely pampered. You may enjoy this journey in one day or extend it over two for the ultimate relaxation.

(Includes body treatment, massage, facial, manicure, and pedicure) 270 minutes | \$639.00 USD

- These services require a minimum of 24 hours' advance reservation.
- Spa packages cannot be combined with other discounts or coupons.



# **FITNESS ACTIVITIES**

Our invigorating and dynamic classes are designed to engage both mind and body, focusing on strength, flexibility, energy, and overall health while promoting mental balance and a resilient spirit.

To meet your unique needs, we offer a diverse range of Yoga styles, Pilates Mat, Functional Training.

Our wellness offerings also include Sound Healing, Pendulum Alignment, Xook Tzolk'in (a Pre-Hispanic calendar reading), and guided meditation sessions.

- For a more personalized experience, private fitness sessions can be enjoyed in the comfort and privacy of your villa or with a stunning view of the ocean.
- Please note: These activities require prior reservation. For pricing and availability, please contact the spa directly.
- For our most exclusive guests, select services are available in the comfort of your villa.

Let Wayak pamper and relax you without leaving your space.

A minimum of six hours' advance reservation is required. Additional charges apply.

# ARRIVAL TO THE SPA AND ETIQUETTE

We recommend arriving 30 minutes prior to your scheduled appointment to allow time to familiarize yourself with the facilities. Please note that all appointments end at the scheduled time, regardless of arrival time.

#### **Medical Conditions**

Please inform your spa reservations agent of any medical conditions we should be aware of prior to your experience. Alcohol consumption before, during, or after treatments is not recommended. Upon arrival, you will be asked to complete a medical form so we can personalize your experience according to your needs and preferences.

# **Cancellation Policy**

To modify, postpone, or cancel your reservation, please notify the spa at least 6 hours before your scheduled appointment to avoid charges. Cancellations for packages, ceremonies, or private lessons must be made 24 hours in advance. Missed appointments without prior notice will be charged 100% of the reserved service.

# **Taxes and Tips**

Spa menu prices are in USD and include a 16% VAT. A 16% gratuity is recommended and may be added to your account upon request. The final bill for all spa services and packages will be expressed in U.S. dollars.

\*All prices are subject to change without notice.

# **Coupons and Discounts**

Discounts and coupons are valid only for 60-80-minute services and cannot be combined with other offers or promotions. They do not apply to ceremonies, packages, or salon services.

Some services may occasionally be unavailable.









