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The Spa at Viceroy Zihuatanejo



Nestled amidst a lush tropical landscape perfumed by fragrant ginger plants, The Spa at Viceroy Zihuatanejo delivers revitalization and rejuvenation through innovative treatments, cutting-edge techniques and attentive, personalized service by a team of highly skilled, professional therapists. The spa's hacienda-style design features six spa suites surrounding a relaxation lounge that is the focal point and primary gathering area. A rustic tree trunk anchors its center, surrounded by river rocks, colorful hanging lanterns, antique Mexican mirrors, wood furniture created by local artisans, and wall hangings of rich-textured vintage Mexican fabrics. Rechargeable candles have replaced traditional wax, eliminating drippings and unhealthy smoke. Drawing inspiration from the abundance of its seaside setting, the spa utilizes all-natural, sea-derived products from Osea. A leader in high-tech, marine-based skin care, Osea combines nutrients such as seaweed, algae and other ocean extracts with organic essential oils and botanicals. All Osea products are vegan and biodegradable.

Facilities:

- Six Spa Suites:
 - 2 dedicated treatment rooms for individuals
 - 2 couple's suites for facials and massages
 - 1 deluxe couple's suite
 - 1 mani-pedi suite (capacity four guests)

- Spa Palapa on the Beach: Enjoy any of our many spa treatments beachside to the soothing sounds of the ocean.

- Spa 'Tapas': Our special menu of mini massages and treatments, available at the beach and by the pools, relaxes and revitalizes you while you enjoy your sunbathing.

- Beverage Station offering ice tea, water and fresh fruit.

- Fitness Center, adjacent the spa, with treadmills, stationary bikes and free weights. The specially constructed, air-conditioned palapa housing the gym features his-and-hers facilities with showers.

Viceroy Signature Treatment:

➤ ***Lava Shell Therapy™***

Spas at all Viceroy properties offer the exclusive, brand-wide Lava Shell Therapy™, a holistic, ocean-derived treatment that epitomizes the brand's coastal spirit. Featuring a revolutionary heating system by Spa Revolutions, Lava Shell Therapy™ involves the direct application of finely polished Tiger Clam shells – composed of calcium carbonate – to infuse "native ocean chi" deep into the skin and tissues. Nature unlocks this potent life energy through powdered gels derived from age-old elements: sea kelp, Dead Sea salts and purified water are combined with self-heating natural minerals to create Lava Gel™. The powerful substance is placed within the hollow of the shell, where its ocean creature once lived, and when hydrated by salt water charges the Lava Shell from the inside out with heat that lasts up to an hour.

The treatment begins with a warm essential-oil application using a marine-derived product specially designed for the Lava Shell Therapy by Osea. Made of basil, Bulgarian lavender, geranium, grapefruit and jasmine, the oil helps to balance the central nervous system and reduce stress. Holding a heated shell in the palm of each hand, therapists then apply traditional soft aromatherapy massage strokes with the stones for a full-body treatment, followed by a massage with the hands. To help the heat spread, guests gently palm shells at the same time. More powerful than traditional "Hot Stone" methods, calcium ions are driven off with the waves of healing energy, thus enhancing skin tone and radiating deep within.

Treatments:

The Spa at Viceroy Zihuatanejo offers a wide selection of massages, facials, full-body treatments, body wraps and beauty services. Guests may enjoy massages in the serene spa or in the comfort of their own room.

➤ **Signature Spa treatments:**

Viceroy Zihuatanejo Signature Facial by Osea

A custom facial designed for each guest's specific skin. Osea's hand-selected ingredients help stimulate skin's metabolism to promote oxygen absorption, visibly brightening and hydrating skin.

Sea of Life Facial

Deep cleansing, steam and a treatment mask are combined with dynamic Cranio-facial Therapy. As the body inhales and exhales in a tide-like rhythm, stress is released and a deep stillness descends.

Men's Environmental Facial

Designed for men, this facial protects and restores skin from damage caused by sun exposure and aging. The face is deep cleansed, exfoliated and a mask is applied for each skin's specific needs. The treatments glides into a relaxing shoulder, neck and head massage.

"All of Me" Body Wrap

A full-body treatment that wraps you with an algae mask and marine essences. The wrap helps to promote detoxification and restore hormonal imbalance and leaves skin supple, moist and glowing!

Sun Undone

Freshly picked Aloe Vera, Baja Lavender and organic Chamomile help heal your irritated, sunburned skin. Finish hydrating your skin with our special lotion.

Earth & Sea Salt Scrub + Rub

Salts mined from Himalayan peaks to Hawaiian shores exfoliate and purify your skin, followed by a neck, shoulder and blissful back massage with Ocean Lotion.

“Sea of Love” Couples Treatment

A passion duet, couples can experience together an Earth and Sea Salt scrub, made with pure salts harvested around the globe. This is followed by a massage with aphrodisiac essential oils.

Beauty Services:

Manicures and pedicures, nail polishing and body hair removal are available. Manicures and pedicures all include a seaweed soak and scrub, organic essential oils for cuticle treatment, extremities massage, and a rich anti-aging moisturizer.

Hours:

9:00 a.m. – 8:00 p.m. daily

The spa reception can arrange special appointments outside of these hours.