# THE SPA

VICEROY MIAMI

*Hotels Resorts Residences*

# MASSAGE THERAPY

## Viceroy Miami Signature Massage

This balancing treatment starts with a consultation to find out what your emotional and physical needs are. From that we carry out an aromatherapy smell test to allow you to choose the oil most suitable for you. Our signature Aromatherapy Associates oils are formulated with natural plant and flower oils with wonderful exotic scents and powerful therapeutic benefits for body and mind.

*50 minutes $140* *80 minutes $210*

## Raindrop Harmony

Harness the power of seven essential oils as they fall like raindrops along your spine. By encouraging the release of habitual holding patterns and energetic blockages, your therapist blends massage, reflexology and stretching techniques to bring you to a state of inner harmony and balance.

*80 minutes $225*

## Jet Lag Cure

A treatment for weary travelers to get you back on track when you are feeling fuzzy, tired and sluggish. Deep compressions help release tight muscles while slow massage techniques relax and soothe the body, promoting sleep.

*80 minutes $215*

## Muscle Release Massage

After a brief consultation, your therapists will custom design a therapeutic massage that blends stretching techniques with concentrated pressure to relieve muscle tension or soreness. This treatment is ideal for the athlete or active individual.

*50 minutes $150* *80 minutes $220*

## Warm Stone Massage

Calm and rebalance the body and mind with exotic oils infused with mandarin, lavender, patchouli and geranium essential oils. Warmed river stones are used to customize the massage to soothe, tired, sore muscles inducing a deep level of relaxation that only this treatment can provide.

*80 minutes $215*

### Reflexology
In this traditional Asian practice, pressure is applied to acupressure points of the feet which correspond to the different regions of the body and the vital organs. This treatment promotes well-being and increases the flow along the body's meridian lines of energy. Meridian lines are invisible lines that carry energy throughout the body.
*25 minutes $75* *50 minutes $140*

### Tension Relief Massage
This comforting head, neck and shoulder massage will help release tension. Let your mind drift, while your body completely relaxes.
*25 minutes $80*

### Serenity for Two
A wonderful experience shared with a loved one or friend in the couple's massage room for two.
*50 or 80 minutes. Price varies based on selection.*

### Massage Enhancements (must be purchased with a treatment)
Maximize your therapeutic experience with a Moroccanoil Scalp Treatment - Lymphatic Drainage - Warm Stone Infusion - Reflexology Pressure Point or Dry Brushing.
*$25 per enhancement*

## PREGNANCY THERAPY

### Mama Mio Pregnancy Massage
A completely relaxing full body massage using safe but effective pre-natal techniques and our award-winning Omega rich oils to relax those specific lower back muscles that are carrying that beautiful bump. Includes a wonderful neck and head massage and the unique Yummy Tummy elasticising mask.
*50 minutes $140* *80 minutes $210*

### Lucky Legs
A mineral-rich foot soak, exfoliation and massage for lower legs and feet to help with poor circulation, water retention and the tiring effects of carrying an extra load. While you sit back and relax, we massage your hands and cuticles too. They don't call it a maternity marathon for nothing.
*25 minutes $80*

# GENTLEMEN'S THERAPY

## Sports Massage

Designed for the physically active person, this therapy combines deep tissue techniques, range of motion and resistance work to promote healing and prevention of injuries. Specific areas are addressed to release and relax tired muscles.

*50 minutes $150* *80 minutes $220*

## Gentlemen's Hot Towel Facial

This deep cleansing facial uses an exotic blend of the finest essential oils and effective natural botanicals unique to the refinery range. Your skin will be bright, supple and refreshed.

*50 minutes $145*

## Post Workout Pick Me Up

Twenty-five minutes of intense relief for sore muscles just where you need it. This quick sports-style massage will revive and energize achy upper backs, necks, shoulders or legs.

*25 minutes $80*

## Moroccanoil Body Buff

Revitalize, refresh, and relax. This luxurious head-to-toe Moroccanoil treatment begins with an orange peel exfoliator to polish away dead skin cells followed by an indulgent scalp massage. The journey concludes with a rich body soufflé to lock in moisture while nourishing the skin, leaving it softer and noticeably healthier.

*50 minutes $150*

## Gentlemen's Manicure

Hands are soaked to soften the skin. Dry, rough skin will be exfoliated, while nails are trimmed, filed and buffed.

*25 minutes $25*

## Gentlemen's Pedicure

Soak away tension and treat your soul to this wonderfully relaxing and grounding pedicure treatment. It begins with an aromatherapy and mineral foot soak, followed by a skin-smoothing exfoliation. Nails are trimmed, filed and buffed.

*45 minutes $40*

# HYDRAFACIAL MD TREATMENT MENU

HydraFacial is an advanced medical-grade skin care treatment that targets fine lines and wrinkles; congested, oily and acne prone skin; rosacea and hyper pigmentation. It softens the appearance of large pores, improves skin texture and tone, and helps repair existing sun damage.
Recommended for all skin types.

## Booster HydraFacial

This treatment offers the perfect skin care solution for the time-challenged, by bathing the skin in rich antioxidants and deeply hydrating hyaluronic acid. It starts with deep cleansing and gentle exfoliation, followed by painless extractions, and ends with a burst of hydration.
*25 minutes $150*

## HydraFacial

A customizable, rejuvenating skin resurfacing treatment that immediately reduces the look of lines, wrinkles, acne, hyperpigmentation, congested pores and uneven skin tone on the face and neck. This facial also includes LED light therapy, leaving you to experience truly exquisite results.
*50 minutes $220*

## Deluxe HydraFacial

An invigorating treatment that includes all the luxurious essentials of the HydraFacial for your face, neck and décolleté. It begins with lymphatic drainage therapy to initiate the detoxification process. Then, the HydraFacial deeply cleanses, exfoliates, extracts and hydrates the skin. This treatment also includes Multi-Peptide DermaBuilder to address fine lines and wrinkles followed by LED light therapy.
*80 minutes $350*

## HydraFacial Enhancements

Maximize your HydraFacial experience with DermaBuilder - 15% Glycolic Peel - Lymphatic Drainage or Décolleté 45.00 per enhancement.

## Series of 6 Treatments

*25 minutes .....$ 630 ($270 savings)*
*50 minutes .....$ 925 ($400 savings)*
*80 minutes .....$1470 ($630 savings)*

* no additional discounts on package prices

# FACIAL THERAPY

## Viceroy Miami Signature Facial

Our organic customized facial brings together the finest fruits, vegetables and herbs of the season to deliver the most potent and active treatment around. A veritable cornucopia of Hungary's best, only the freshest ingredients are combined with hot thermal spring water in handmade batches every two weeks ensuring that the best of the season are offered in each Eminence treatment. Your certified esthetician will design an all-natural facial experience, based on the condition of your skin.

*50 minutes $145*

## Renewing Facial

Uncover simple, luxuriant pleasures with a therapeutic, hydrating facial. After a gentle cleansing and exfoliation, your esthetician will administer a specialized facial massage with a Valmont renewing pack to provide hydration, oxygenation, nutrition and repair to your skin – resulting in a radiant complexion.

*50 minutes $170*

## Iconic Age-Defying Facial

Using the healing power of Swiss glacial spring water, medical grade pure collagen, and a full strand of triple DNA, this facial is an anti-aging powerhouse. By combining these three elements with the signature Valmont facial massages that touches the physical and mental wellbeing of your entire body, your skin's suppleness and resilience will be restored at the cellular level. You can enhance the results of this facial further by infusing the products deeper into the dermis, or by adding a controlled gentle microderm upgrade.

*80 minutes $275* *Deluxe Enhancements $330*

## Quick Instant Face Lift

A quick NūFACE toning session to lift, tone and contour the face improving the appearance of fine lines and wrinkles. Hydrating mask included.

*25 minutes $90*

## Fire and Ice Detox Facial

A positively stimulating facial that will leave your skin glowing, detoxified and firm. Using fresh apple and grape pulp to infuse natural fruit acids into the skin and paprika to stimulate circulation and detoxify the skin, a fantastic organic exfoliation is achieved. This facial is finished with a cooling application of chilled organic masques and creams lightly whipped to suit your skin type.
*50 minutes $155*

## Microdermabrasion Facial

Give your skin a radiant glow with this next generation of Microdermabrasion. Designed for even the most sensitive skin types, the treatment begins with a cleansing and exfoliation. Next the therapist performs ultrasonic resurfacing of the skin to assist with cellular turnover and produce glowing, healthy skin. You will be red carpet ready with this treatment.
*50 minutes $200*

## Facial Enhancements (must be purchased with a treatment)

Opal Eye Treatment - Lip Plumping Treatment or Moroccanoil Scalp Treatment may be added to any facial for $25.
Neck and Décolleté Treatment - Micro-Current - LED Light Therapy for $40.
Gel Peel can be added to select facials for $45.
An Ultra-sonic - Microdermabrasion or Collagen Eye Treatment may be added to any facial for $65.

# BODY THERAPY

Treat your body to lush experiences that will leave you feeling nourished, renewed and ultra hydrated.

## Miami Sunless Glow Tan

This organic, odorless, and paraben-free spray tan is a safe way to give you healthy, glowing skin. Chocolaty color kisses the skin in a choice of three shades, Hawaii (light), Ecuador (medium), or Brazil (dark), drying almost on contact. In less than 15 minutes your skin will be perfectly bronzed and ready to go! This service may be enhanced with one of our exfoliation experiences.
*20 minutes $70*

## Moroccanoil Body Buff

Revitalize, refresh, and relax. This luxurious head-to-toe Moroccanoil treatment begins with an orange peel exfoliator to polish away dead skin cells followed by an indulgent scalp massage. The journey concludes with a rich body soufflé to lock in moisture while nourishing the skin, leaving it softer and noticeably healthier.
*50 minutes $150*

## Vitamin Body Cocktail

The body is softly exfoliated with pomegranate cranberry body polish. Rinse off and then it's time for the dreamy organic Eminence body cocktail rich in antioxidants, vitamins and minerals massaged and worked throughout the body leaving the skin soft, supple and radiant. A true feast for the senses.
*50 minutes $140*

# WELLNESS WORKOUT THERAPY

Viceroy Miami body contour treatments are designed to support your weight loss and fitness management program. At home care products recommended to achieve long lasting results.

## Shrink To Fit Body Sculpt

The ultimate body treatment, giving intense body tightening and toning, targeting the 3 main areas of concern from cellulite-prone hips to upper arms, chest, bust and tightening your tummy. This treatment includes an exfoliation, deep tissue massage and radically energizing to give you a tighter, more toned fitter-feeling body, ready for action.
*80 minutes $250*

## Get Waisted

In less than an hour your tummy will feel slimmer, tighter, more toned and less bloated. Powerful actives will increase the energy within your skin and our special Mio massage techniques will firm and resculpt, reducing wobble and love handles.
*50 minutes $160*

## Personal Training

A private, one-on-one personal training session with a certified trainer who focuses on specific needs and provides guidance on achieving personal fitness goals.
*50 minutes $90*

*Personal Training packages available for Viceroy Miami Hotel guests and Icon Brickell residents.

# NAIL CARE

## Classic Manicure or Pedicure

Pampering Moroccanoil nail treatments revitalize your skin and stimulate your senses. Unique and luxurious orange peel scrub gently exfoliates your skin preparing it for the rich hydrating effects of Moroccanoil's honey lavender scented Intense Hydrating Treatment. Services concludes with Moroccanoil citrus scented enriched cream leaving your hands and feet soft and supple.

*Manicure 25 minutes $30* *Pedicure 50 minutes $50*

## Viceroy Miami Signature Manicure or Pedicure

Choose your aroma therapeutic journey – Relax, Rejuvenate, Refresh and Renew. This healing hand and food ritual uses an organic and hydrating blend of herbs to exfoliate, a deep therapy mask and massage, leaving your hands and feet neatly rejuvenated.

*Manicure 45 minutes $45* *Pedicure 50 minutes $65*

## Shellac Dry Manicure

A revolutionary Shellac lacquer that needs no preparation, as it is painted on like a varnish and set under UV lightning. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable, chip free manicure for two weeks with superior shine.

*50 minutes $55* **Shellac removal additional $15*

## Lower Leg and Foot Reviver

Put a spring in your step! Lucky Legs is an invigorating leg and foot scrub followed by a muscle relieving massage to revive tired, sore muscles.

*25 minutes $75*

# VICEROY MIAMI SPA JOURNEYS

## Journey for Her
Viceroy Miami Signature Massage
Viceroy Miami Signature Facial
Classic Manicure
*2.5 hours $285*

## Journey for Him
Gentlemen's Massage
Gentlemen's Hot Towel Facial
Gentlemen's Manicure
*2.5 hours $285*

## Journey for Two
Viceroy Miami Signature Massage
Viceroy Miami Signature Facial
*2 hours $510*

## Sportsman Journey
Personal Training Session
Sports Massage
*2.5 hours $270*

## Wellness Journey
Shrink to Fit Body Sculpt
Quick Instant Face Lift
Lunch at 15th and Vine ($30 value)
*2 Hours $320*

## Viceroy Miami Spa Sampler
25 minutes Moroccanoil Body Buff
25 minutes Tension Relief Massage
25 minutes Organic Refresher Facial
*1.5 hours $200*

*No additional discounts on package prices or substitutions.
*18% service charge not included.

# SPA GENERAL INFORMATION

## Reservations
While we will make every effort to accommodate same day appointments, we encourage guests to schedule appointments in advance to ensure that their treatment and technician preferences are available. A credit card is required to secure your spa treatment or personal training session.

## Cancellation Policy
We require 24 hour notice when you are unable to keep your scheduled appointment. Failure to cancel will result in a full charge for the treatments. A credit card number is required at the time you book your treatments. Changes made on the day of the appointment will be subject to a $25 rescheduling fee.

## Arrival and Lateness
As the spa has extensive amenities, we suggest that you arrive at least 45 minutes prior to your treatments to enjoy the facility. Arriving late will limit the time of your treatment, thus decreasing its effectiveness and your pleasure. Your treatment will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

## Service Charge
For your convenience, an 18% service charge will be included on your service bill. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

## Health
At the time of booking an appointment, please alert us of any medical conditions or product sensitivities that will allow us to better serve you in the spa and fitness center. For the well-being of our guests, we recommend that alcohol not be consumed prior to spa usage. We reserve the right to refuse any guests who are under the influence of alcohol.

## Treatment Preparation
You will be asked to fill out a medical questionnaire prior to your treatment so that we can best tailor to your needs. To receive the full benefits of the treatments, we ask that our guests shower before their appointment.

## Spa Age Restrictions
To maintain the integrity of the spa environment, children under the age of 16 are not allowed in the spa and fitness areas. To receive a treatment, children between the ages 16 and 17 must have a legal guardian present in the room. Children between the ages of 16 and 17 must have a legal guardian present to use the Fitness Center.

## Media and Party Room Rentals
The Media and Party Room are available for rental during the designated hours of operation. Additional fees are applicable for use of rooms beyond the stated hours of operation. For pricing and availability, please contact the spa at 305.503.0369.

REMEMBER TO LIVE™

Hours of Operations
Daily 6am to 10pm

To schedule an appointment or for additional information, please dial extension 7106, extension 7107 or call 305.503.0369.

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