

EXPAND Your Cultural Horizons

Learn to play the harmonica or cook with banana leaves. You can open your mind and learn something new at spas that offer hands-on activities inspired by local cultures.

By Liz Robins

TRAVAASA HANA

Maui, Hawaii

The former Hotel Hana—Maui, in the tiny, traditional town of Hana on Maui's secluded eastern shore, is a low-key resort that offers a wide array of enriching activities led by cultural guides. Learn how to hula (it's trickier than it looks, but fun to try), make your own fresh-flower leis or take a ukulele lesson.

travaasa.com/hana



THE TIDES RIVIERA MAYA

